



PE SUPPORT

Autumn 2 2018

This half term I have been working with year 3 and 4 on a hockey unit. The children have learnt how to hold the hockey stick correctly and the rule about only using the flat side of the stick. This has proved quite a challenge but with perseverance the classes have really improved. The small sided games have been really popular, with some great attacking and defending skills shown. I have been particularly pleased that several children have now decided to attend hockey club after school, as a result of their ability and enthusiasm.





A particularly popular warm up was bringing literacy into PE through the 'Alphabet Game'. The children were asked to make certain letters using their bodies and also their hockey sticks!



'I've got better at dribbling the hockey ball.' Tiya

'I enjoyed passing the ball.' Morgan

'My favourite thing was tackling the ball to score a goal.' Maddie

'I like hockey and my best thing was playing matches. I have now joined hockey club.' Finn



I have also been working with year 5 on a basketball unit. The children have really enjoyed improving their ball handling skills, passing the ball accurately and shooting into the baskets. The small sided games were very popular, with some great attacking and defensive play. Learning to win and lose with dignity was a large part of this unit, with special awards given for fair play and 'sporting behaviour'.





***'I think I got better because when I was with Cody I improved. I worked as a team to get a basket.'* Kayleb**

***'I think I have improved my shooting in the hoop because I never used to be able to get one but now I can.'* Lauren**

***'I got better, I've been training myself to get the ball and passing to my team mates.'* Charlotte**

***'I've liked doing basketball but I need to get better at shooting.'* Summer**

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