



PE SUPPORT

Autumn 1 2018

This half term I have been teaching Year 3/4, initially learning some ball skills and then following a unit on Egyptian dance. This was to tie in with the curriculum where the children have been learning about ancient Egypt. We used the BBC 'SuperMovers' to warm up and also to practise following dance moves on a screen. The SuperMovers also teaches the children about important numeracy and literacy skills, with suffixes and prefixes taught to dance moves! Then we moved on to following the JustDance routine of 'Walk Like an Egyptian' which is quite a fast paced dance but with a bit of practise the children managed to join in very well. They were then challenged to bring their own moves into the dance, with some amazing ideas being thought of. These included dancing pyramids and sphinxes!!



Sally Serridge

Primary PE
Support



'It was amazing that we got to create our own dance moves.' Ashton

'It was really energetic and exciting.' Evie

'When we got to make our own dance moves and me and Taylor did the splits.' Serenity

Also this half term I have started a netball club after school. The children are very keen to learn these new skills and they show real potential to a good little team. Watch this space...

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