

Termly Year 1-2 Update

During the Autumn term, Year 1/2 classes worked on many different aspects of PE. In their other PE sessions, the children worked on their Gymnastics skills with their teachers. The children developed their balances and different ways to travel on apparatus. The teachers also gave the children the chance to dismount apparatus, experiment with ways to travel on the equipment and create short sequences of movements to present to others.

In their other PE sessions, Finally, with their class teachers the children learnt about different multi-skills. The children worked on their movement skills and how to dodge opponents through games that they all really enjoyed. They also used their co-ordination skills from their other lessons to apply to new game situations. Finally we really pushed the children's team work skills through paired and group games.

Autumn 2 saw the children working on their ball skills with Mr Plow and their teachers. In these sessions, the children developed their skills that we use in a variety of games. The children began with the basics and refreshed themselves with their over and under arm throwing techniques and how they should attempt catching the ball when it is thrown to them. We also gave the children time to work with football and basketball basics to help them to see where they can apply these skills in real life sports.

We covered a large amount of different sports that tested the children in different ways and made them realise the skills that are needed for sports they already knew about. We saw great teamwork throughout this term and are really excited for the next term where the children will be learning Dance, OAA, Multi-skills and Tennis.

It has been a very busy term for the children in PE but all children have really worked hard and shown real progress throughout the term.

