

Termly Year 3-4 Update

During the Autumn term, Year 3-4 classes worked on many different aspects of PE. In Autumn 1, the children have worked on creating a dance to perform to their parents. The children all created their own starting positions in the shape of pyramids and then learnt some very difficult choreography. All the children persevered and ended up creating a very exciting dance which they performed amazingly.

In their other PE session with their class teachers, the children learnt about different multi-skills. The children worked on their movement skills and how to dodge opponents through games that they all really enjoyed. They also used their co-ordination skills from their other lessons to apply to new game situations. Finally we really pushed the children's team work skills through paired and group games.

Autumn 2 saw the children developing their Hockey skills with Mrs Serridge. In these sessions, the children worked on their dribbling and passing skills, we also learnt how indoor and field hockey use different skills and different techniques to play the same sport. They used the hockey sticks in different ways to perform the various elements of the game. The children ended the half time by taking part in a house team competition. They played hockey matches in their house teams and the two classes' scores were added up to give a winning team.

Finally, the children developed their Sending and Receiving skills. During their lessons, they worked on various ball skills that could be adapted and used in a variety of situations. The children had to use their knowledge from previous sessions to show understanding and technique. The children also used these skills in mini-game situations where the children either worked independently or as part of a group.

It has been a very busy term for the children in PE but all children have really worked hard and shown real progress throughout the term.

