

## Termly Year 5-6 Update

During the Autumn term, Year 5-6 classes worked on many different aspects of PE. In Autumn 1, the children developed their Cricket skills with Mr Thorns. During their lessons, they refreshed themselves with all the fielding techniques needed in a game situation. Focus also shifted onto batting techniques to show control when sticking both stationary and moving targets. All the skills they used them went towards an interschool festival against Bedenham with the sports captains leading the event.

In their other PE sessions with Mr Plow the children worked on becoming a better team and were set a variety of tasks to get them working together. Some of the tasks involved them using skill and others made the children really think about their roles in a team and encouraged tactics to be created. The children really enjoyed team dodgeball and lots of the took this enthusiasm for the sport into their activities at lunch.

In Autumn 2 the year 6's the created a Historical themed dance with the classes creating dances that told the story of the Viking invasion on the Anglo Saxons and the Monks. The children worked really hard with the difficult choreography and worked together to perform the high lifts that were part of their routines. They also created a showcase for parents and wore costumes and make up to become the characters they were representing.

It has been a very busy term for the children in PE but all children have really worked hard and shown real progress throughout the term.



