

Termly Year 5-6 Update

During the Autumn term, Year 5-6 classes worked on many different aspects of PE. In Autumn 1, the children developed their Cricket skills with Mr Plow. During their lessons, they refreshed themselves with all the fielding techniques needed in a game situation. Focus also shifted onto batting techniques to show control when sticking both stationary and moving targets. All the skills they used them went towards an interschool festival against Holbrook with the sports captains leading the event.

In their other PE sessions with their class teachers, they turned their attention to Tag Rugby. The children had lots of fun previously in their Tag Rugby sessions so it was decided to build on those experiences. The children continued to think about passing techniques and the basic rules of tag rugby. The children finished the half term with them playing mini fixtures against each other. Year 5's had Mrs Serridge for these session and worked on the basic skills of tag rugby.

Year 5 class teachers created a dance which linked to their history topic of Tudors. The children focused on still frames and movements that suited a character, they as a group had to decide if they wanted to work in cannon or in unison to show cohesion or variety into their work. All the children worked really hard on their dances and some great stories were created showing emotion and identifiable characters being portrayed.

In Autumn 2 the year 6's the created a Horror themed dance with one class focussing on and undead greatest show and the other worked on Evie's nightmare. The children worked really hard with the difficult choreography and worked together to perform the high lifts that were part of their routines. They also created a showcase for parents and wore costumes and make up to become the characters they were representing.

Year 6's have also been working on their tennis skills learning about forehand and backhand building on their skills learnt in year 5. The children have worked really hard to improve her technique and have looked at serving and focused on following the basic rules of a game.

Year 5's worked on basketball with Mrs Serridge. This was the first opportunity for the children to take part in this sport so really focused on the key skills such as passing and dribbling with all children enjoying learning a new sport in which they could transfer skills from previous lessons.

Year 5 have also been working on Gym the children have been building on previous knowledge and working on the KS2 balances. Year 5 also worked on counter balances and ended with creating paired sequences which included travelling, balance, jumps and counter balances. The children have worked really hard on looking like gymnasts and ensuring that their movements were bold and dynamic.

It has been a very busy term for the children in PE but all children have really worked hard and shown real progress throughout the term.



