

Termly Year 3-4 Update

During the Autumn term, Year 3-4 classes worked on many different aspects of PE. In Autumn 1, the children developed their Sending and Receiving skills with Mr Plow. During their lessons, they worked on various ball skills that could be adapted and used in a variety of situations. The children had to use their knowledge from previous sessions to show understanding and technique. The children also used these skills in mini-game situations where the children either worked independently or as part of a group.

In their other PE session with their class teachers, the children learnt about different multi-skills. The children worked on their movement skills and how to dodge opponents through games that they all really enjoyed. They also used their co-ordination skills from their other lessons to apply to new game situations. Finally we really pushed the children's team work skills through paired and group games.

Autumn 2 saw the children developing their Hockey skills with Mr Plow. In these sessions, the children worked on their dribbling and passing skills, we also learnt how indoor and field hockey use different skills and different techniques to play the same sport. They used the hockey sticks in different ways to perform the various elements of the game. The children ended the half time by taking part in a house team competition. They played hockey matches in their house teams and the two classes' scores were added up to give a winning team.

Finally, with their class teachers the children created Stone Age dances. The children worked on their movement skills to music to create a dance about an element of Stone Age life. The children could choose either a fire dance, hunting or foraging. All thought about how the movements would show what they were representing without the aid of props.

It has been a very busy term for the children in PE but all children have really worked hard and shown real progress throughout the term.

